Waxing

Using a specially designed warm and strip wax for gentle hair removal. Great for sensitive skin.

| Eyebrow Shape \$20 | Chin \$18 |
|--------------------|----------------------------|
| Lip \$18 | Sides of Face \$25 |
| Underarm \$20 | Bikini \$30 |
| Half Leg \$35 | G-String \$40 |
| ¾ Leg \$40 | Brazillian First Time \$60 |
| Full Leg \$45 | Braz Maintenance \$50 |
| Half Arm \$35 | Stomach Wax \$25 |
| Full Arm \$45 | Lower back wax \$30 |
| | |

Face Threading

Ideal for sensitive skin, using cotton to remove even the finest of facial hair from the entire follicle for a soft and clean finish. Eyebrows \$20 Lip \$18 Chin \$18 Sides of face \$30 Full Face: Lip, chin, brow and sides of face \$70

Hand and Feet Therapies

Having clean and fresh nails allows you to step forward with confidence. The colour you choose can help you to feel happy, positive and ready to face the world.

Mini Manicure - 20 mins \$35 File, buff and colour polish.

Main Manicure - 30 mins \$50 Cut, file, buff, cuticles, massage & colour polish.

Gel Manicure - 45 mins \$55 Cut, file, buff, massage and long lasting gel polish.

Perfect Pedicure - 25 mins \$45 File, buff & colour polish.

Popular Pedicure - 55 mins \$70 Soak, scrub, foot file, cut, nail file, buff, massage & colour polish.

Gel Pedicure - 60 mins \$85 Soak, scrub, foot file, nail file, buff, massage & gel polish.

Body Therapies

Refreshing Back Facial - 45 mins \$95, 60 mins \$115 A customised facial for the back, neck and shoulders includes led light therapy.

Led Body Therapy - 30 mins \$75, 45 mins \$90, 60 mins \$110

Led therapy can help reduce and strengthen the skin due to conditions like stretchmarks, rosacea, eczema, psoriasis, body acne, post-surgery healing, wound healing ,sun damage and skin rejuvenation.

Relaxation Massage - 30 mins \$65, 45 mins \$80, 60 mins \$90, Add stones \$10, Add led for muscle stimulation \$15

Customised massage for your individual needs. Using organic coconut oil to hydrate and nourish your skin.

Pregnancy Massage - 30 mins \$70, 45 mins \$85 A relaxing and gentle massage to help with the extra aches and pains during pregnancy.

Lomi Lomi Massage - 60 mins \$90

Lomi Lomi is an indigenous traditional Hawaiian massage technique, it feels like you are relaxing in the waves of Hawaii.

Spray Tanning

Natural, Australian made, organic, fades naturally for a flawless even colour.

\$35 each or 2 people at the same time - \$60

Just for today do not worry Just for today do not anger Honour your parents, teachers and elders Earn your living honestly Show gratitude to every living thing

www.bbbodysoul.com.au Email: brookesbbsoul@gmail.com

Reíkí, Readíngs & Relaxation



Beauty & Wellness Therapist 0439 498 369

About Brooke

Modern (Home) Salon located in the beautiful Lake side suburb of Fennell Bay, where clients can relax and rejuvenate in a peaceful setting.

All services are for women and by appointment only. Text, or call and leave a message, as you will appreciate, a treatment will not be interrupted once started.

Reiki

Reiki is the Japanese word that means life force energy, the energy found in all living things. The Usui System of Reiki is a holistic hands on, non-invasive, yet powerful healing therapy promoting harmony and balance, It encourages the body to let go of all tension and negativity allowing the body to naturally heal itself for a feeling of peace and wellbeing.

| 30 mins \$65 | 60 mins \$90 |
|--------------|---------------|
| 45 mins \$80 | 75 mins \$100 |

Reflexology

The Foot is a map to the entire body. A massage therapy that involves specialised pressure point techniques, each of these corresponds with an organ or part of the body. Total body relaxation.

30 min \$65

60 min \$90

Angel Card Readings

45 min \$80

A great way to connect to your soul and the call of the universe. Tuning in to your angels and receive guidance, healing and empowerment. Helps with clarity and decision making.

30 mins \$60

60 mins \$90

Ear Candling with Reiki

Including the rejuvenating benefits of Reiki, it can relieve sinus pressure, ear aches, tinnitus and headaches. Can also help remove excess ear wax. \$75

Facial Therapies

Recharge Express - 30 mins \$75 Quick pick me up facial to recharge the skin.

Rebalance Facial - 45 mins \$90 Rebalances the skin to your individual needs.

Rejuvenation Facial - 60 mins \$110 A customised skin program to give you the best results for your skin health.

Resurfacing Therapy - 45 mins \$95, 60 mins \$115 Microdermabrasion is designed to resurface the skin by removing dead skin cells and debris, stimulating collagen to restore a healthy glow.

Resurfacing Dermaplane Therapy -45 mins \$95, 60 mins \$115

Dermaplane is a physical exfoliation designed to scrape away dead skin cells and vellus hair so that newer, younger skin cells will be revealed. This allows deeper penetration of active serums and creams for glowing, youthful skin.

Restore Tween and Teen Facial Therapy -30 mins \$75, 45 mins \$90

Using specially designed products and machinery for the younger skin. Restoring the skin and helping clear breakouts, hormonal congestion and blackheads. A personalised homecare and in-salon program are recommended for optimal skin health and results.

Rehydration Infusion Therapy - 60 mins \$125

Infusion of vitamins, amino acids and anti-oxidants that boost hydration and nourish your skin, whilst penetrating deep into the skin layers for a fresh dewy appearance.

Reviving LED Facial Therapy - 60 mins \$135, 75 mins \$155

Light emitting diode therapy rejuvenates the skin. Different lights are used for different skin issues and types, Aging, Sun damage, acne scarring, includes all cleansing exfoliation serum and massage therapies. Giving your skin optimal skin health and wellbeing. Personalised programs are recommended for long term results.

Facíal Therapies con't...

Ageless Active Professional Peels -30 mins \$99 45 mins \$129 60 mins \$149 12 week program \$759

Results driven, accelerates cell turnover, strengthens collagen, improves skin texture, reduces acne scarring, age spots and pigmentation. Reduces wrinkles and anti inflammatory properties.

Restore Facial Therapy - 75 mins \$160

Vitamin C & amino acids increase hydration & collagen, which is vital in anti aging. Collagen depletes with age and damage. Plumping, nourishing and hydrating for optimal skin health.

The Contouring Facial Therapy - 75 mins \$175 This mask creates a tightening effect on the skin, stimulates internal skin processes and allows the lymphatic system to drain excess fluid. It clears blockages with the circulatory system, targets fine lines, large pores, expression lines, also smooths skin and improves moisture levels.

The Radiant Facial - 90 mins \$195

The "Ultimate Facial" - Top of the line, designed for optimal skin health and function. Cleansing, peel, microdermabrasion, collagen infusion mask with LED therapy and customised peel off mask.

Every Therapy comes with a full skin consultation, and personalized home care regime that is designed iust for YOU and YOUR skin.

Tinting

Lash, Brow tint and shape Eyebrow Tint \$18 \$55 Lash lift, tint, Brow tint, and Shape \$90

Eyelash Tint \$22 Lash lift and tint \$65

Packages

Reiki & Reflexology - 60 mins \$125 Recharge Facial & Back Massage - 60 mins \$130 Main Manicure & Popular Pedicure - 75 mins \$115 Reiki & Reading - 90 mins \$145